

(解答例)

A

問 1. (B)

問 2. ①作業を短く切り替えてみる。

②頭を短時間休めてみる。

③定期的に運動してみる。

問 3. ひとつは、集中モードという、何かに集中している状態で、たとえば、物理の問題を熱心に説明したり、新しい語彙を一生懸命に覚えようとしていたりしているとき（あるいは、簡単な足し算をしているとき）の状態のことである。もうひとつは、拡散モードという、集中モードとは反対の状態のことで、シャワーを浴びていたり、バスに乗っていたり、散歩していたり、あるいはついうとうとしたりしながら、とりとめもなく様々な考えが浮かんでいる状態のことである。

問 4. (D)

問 5. 休憩をして、その前まで手元にあった（集中していた）問題に戻ってみると、その問題に進展をもたらしてくれるような、洞察にとんだ瞬間が訪れるから。

問 6. 集中モードと拡散モードの例えとは、脳を、すでに学習した概念や手順が様々な場所に経路として保存されている迷路のようなものと考えると、集中モードの場合、思考はこれらの経路を進み、拡散モードの場合、小さなドローンが迷路の上を飛び、通常はつながっていない脳の部分同士を簡単につなげることができるということである。

問 7. (D)

B

1. She is suspicious of Thrombey's niece Angela and his nephew Chartwell.

2. She is wearing a white blouse and a blue-checkered apron.

3. They met in a cooking class at the Y.

4. Mr. Thrombey did.

5. Six o'clock.

6. Jane.

7. Jack was surprised by how friendly she was, and this surprised him because Mr. Thrombey was afraid of his wife.

8. Jack did not want to sit through a boring dinner, and there was a very good movie he wanted to catch at home on TV.

9. She left to get dressed for dinner.
10. Angela.
11. Because she wants to visit Jenkins in the hospital.

C

A	B	C	D	E
2	3	4	5	14
F	G	H	I	J
11	10	13	6	7

D

1	2	3	4	5
A	D	C	A	B
6	7	8	9	10
A	B	D	D	C

E

Model Answers

1. Though both countries have seen a decline from the early 2000s to 2019, the numbers are trending in different directions. The U.S. saw a high of about 45,000 students in the country from 2000 to 2002 and then began to see a gradual decline until the mid-2000s, when the numbers decreased sharply. In Canada, though there has been a slight decrease from the early 2000s to 2019, the numbers have remained relatively steady. Like the U.S. the number of students began to see a larger decrease in the mid-2000s, but since then the number of students has been increasing, almost reaching early 2000 levels.

2. I believe more Japanese students should study abroad for two reasons. First, studying abroad allows you to not only learn a new language, but also to discover a whole new way of life. Whether in North America or anywhere else in the world, when studying abroad students can experience new foods, traditions, customs, and a new understanding of that country. Second, studying abroad can lead to great personal development. It will give students a new perspective on the world, their host country, and their home country. Furthermore, living in another country will help students develop their independence, self-confidence, and curiosity about the world.